

SIR EDMUND HILLARY'S

HIMALAYAN TRUST

A photograph of four children, two girls and two boys, sitting around a table outdoors. They are focused on their schoolwork, with some holding pens and pencils. The background shows a rugged, mountainous landscape under a clear blue sky. The table they are sitting at is covered with a bright orange material.

2016

REVIEW

HIMALAYAN
TRUST FOUNDED 1960
BY SIR EDMUND HILLARY



The Himalayan Trust is an international non-profit humanitarian organisation working to bring quality education, safe water, and better healthcare to remote communities in the Everest region of Nepal.

Sir Edmund Hillary founded the Himalayan Trust in the 1960s when he built the first school in the small village of Khumjung. Every year, Ed trekked in the areas of his aid work, evaluating what had been done, consulting with local people and planning for the future. For Ed, his work in the region was a labour of devotion, friendship and respect for the people of the Himalayas.

The Himalayan Trust follows in Ed's footsteps. We work in partnership with local people to build the resilience of remote communities and to strengthen the bond between the people of Nepal and the many New Zealanders who have given their time, money and support over the years.

More than a year has passed since the earthquakes that shook the mountainous nation of Nepal –killing thousands of men, women and children, and shattering the security and livelihoods of many families. Your generosity, and that of people all around the world, was remarkable. And in the face of such heartache and adversity, the response of the people of Nepal demonstrated the resilience and stoicism of a people who have faced generations of hardship.

There have been many challenges in Nepal this year. Ongoing political instability and a supply blockade between India and Nepal that lasted months; the early onset and prolonged monsoons resulting in increased landslides – exacerbated by earthquake aftershocks; the everyday challenges of life in rural Nepal such as unreliable telecommunications, limited road access, a lack of safe water, or a warm home and good nutrition. Despite all these challenges, thanks to your support, we have made significant progress this year.

Building and repair work is now well underway at schools throughout the district of Solukhumbu, the mountainous region where the Himalayan Trust has supported communities for many years. We are optimistic that the construction work will be completed by early 2018, including new hostel rooms and an early childhood classroom at Khumjung, the first school that Sir Ed built in 1961.

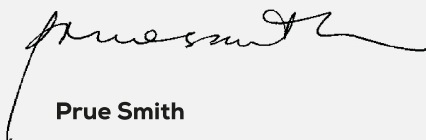
However, it's not all about stone and mortar, and seismic-strengthened reinforcements. The Himalayan Trust has been funding training for rural teachers for more than 20 years. The recent Government of Nepal award to Khumjung as the best rural school in Nepal is testament not only to the dedication of the teachers and determination of the students, but also to the Himalayan Trust's long-term support for this community.

More cause for celebration has been the 50th anniversary of Kunde Hospital. It was fitting that the Himalayan Trust's first volunteers to Kunde, Dr John and Diane McKinnon, and Dr Lindsay Strang, who volunteered just a few years later, were able to join their many Sherpa friends for the occasion. We are so very proud of Kunde Hospital – of Ed, and his friends and family's determination to improve the health of the mountain people. And their work to bring education to the region so that today, the hospital staff are all Nepali, with many having been educated in schools supported by the Himalayan Trust.

In the coming year, more children will learn to read and write, more schools will have safe classrooms and improved access to clean water and toilets, more mums-to-be will have access to ante-natal and post-natal care, and more farmers will achieve a secure water source for their crops.

It's been a privilege to work alongside our friends and partners in Nepal this year, and to celebrate their successes, to face their challenges with them, and to share our future plans to support their communities with you.

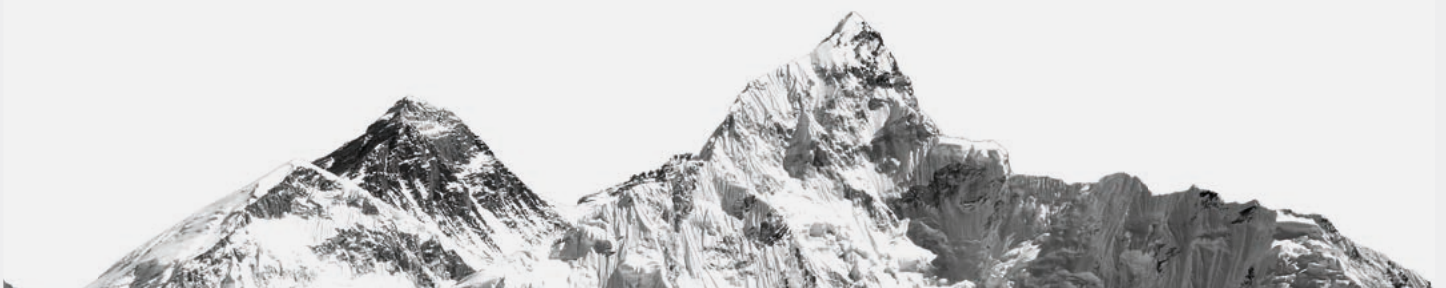
Sincerely, our thanks to you.

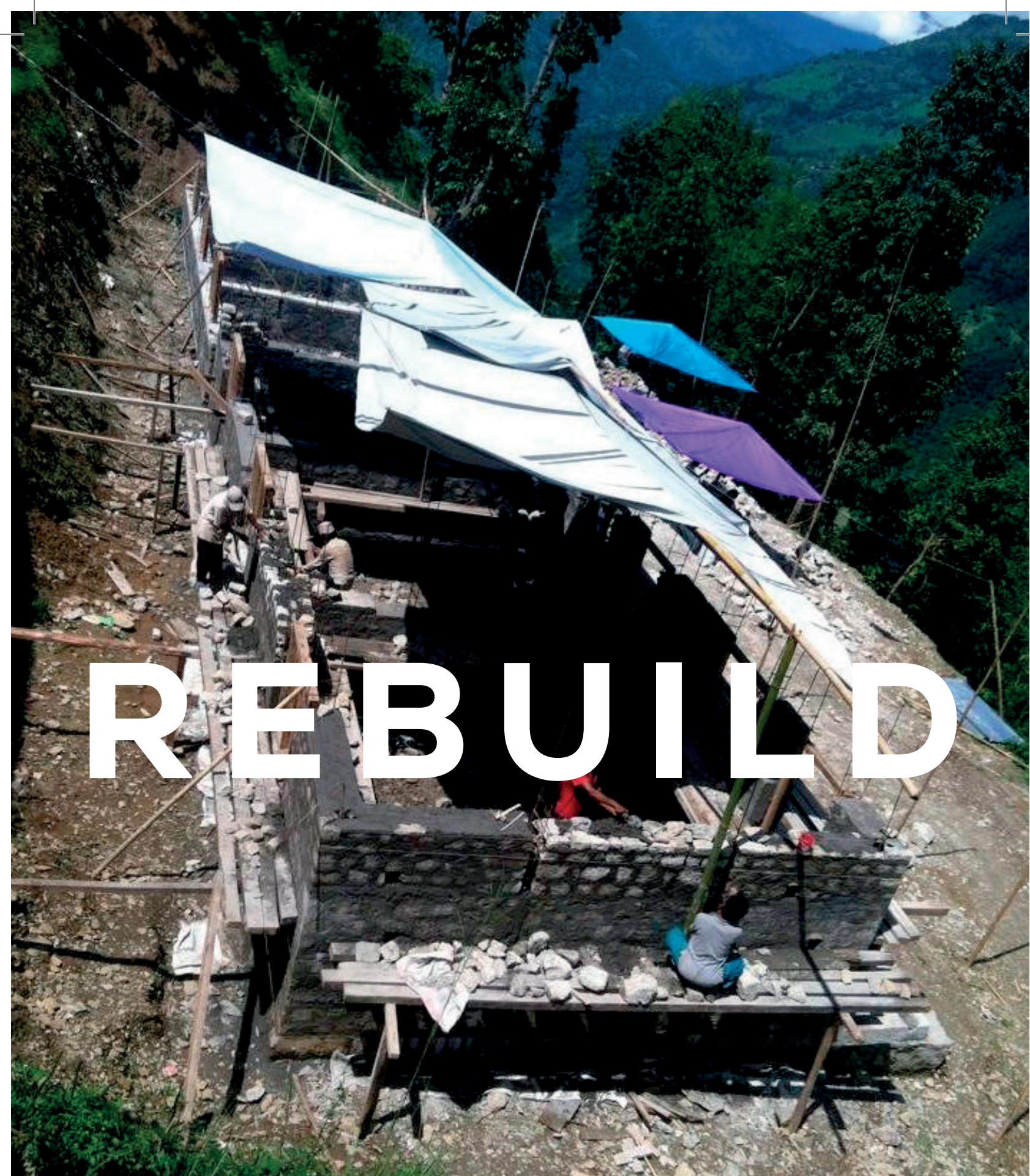


Prue Smith
General Manager



Lynley Cook
Chair





REBUILD



BACK ON TRACK

When a series of strong earthquakes hit Nepal in 2015, homes, roads, hospitals and schools across the country were severely damaged.

The focus of the Himalayan Trust this year has been to ensure children are able to continue their education in a safe environment – and to build safe learning facilities that children and communities can enjoy for generations to come.

Your support is helping construct seismically-strengthened school buildings across the Solukhumbu region. By the end of next year, we will have completed the rebuild and repair of over 180 classrooms, as well as hostels and toilet blocks, at 33 schools.

We are on track to complete the rebuild and retrofit work at about 18 schools by the end of 2016. Construction and repair work will start at the remaining schools next year. Howard Iseli, Programme Manager for the Himalayan Trust explains: “The schools that are yet to start construction are in very remote areas. At these remote sites, all the building materials will need to be carried in on the backs of porters along hill tracks, often many days of walking, so that building work can start in the New Year.”



The rebuild and refit work at the 33 schools is being carried out in partnership with several local organisations, including Himalayan Trust Nepal, REED-Nepal, Mahendra Jyoti Higher Secondary School Rebuild Committee, and Action for Nepal. At each site, local construction workers receive on the job training in how to build safer structures and local engineers are making sure the new structures comply with government building codes.

Sangita Rai is a science teacher at the high school in Chaurikharka. The earthquakes brought many of the school’s buildings crumbling to the ground, but the rebuild work is progressing well. Sangita tells us: “When the second earthquake happened, every teacher was busy rescuing children. Since then we have been teaching in Temporary Learning Classrooms. It’s been tough for the students, especially those sitting exams. After the rebuild, it will be very good to have the science lab back again and have power to all the classrooms.”

Buddhi Shrestha, age 12, is a student at the school. He will never forget the day the May aftershock struck. He says: “Everyone started running. My friends were all OK but it was scary.” Buddhi says he loves being at school: “When I finish school I want to be a helicopter pilot.”

Thank you to everyone who supported the Nepal Earthquake Rebuild Appeal for making this work possible and helping keep children in school.

A young girl with dark hair tied back with yellow bows is looking upwards with an attentive expression. She is wearing a dark jacket and a red shawl. A name tag with 'A1' and 'CARD CASE' is visible on her chest. The background shows other students in a classroom setting.

EDUCATION

Photos: Sam Tarling





OPENS EYES

FOUNDATION FOR THE FUTURE

In the early 1960s, Sir Ed asked his Sherpa friends: "If there was anything I could do for the Sherpa people, what would that be?" His friend said: "Our children have eyes but they cannot see. We would like to open their eyes by building a school in our village." This touched Sir Ed's heart. He replied: "Together we will build a school."

Sir Ed immediately set about building the first school in the region – Khumjung School. He then went on to build 27 schools in the area and helped many more.

Thanks to our supporters, the Himalayan Trust continues that commitment. We open up new opportunities for young people in the remote Everest region by improving access to quality education. We support over 60 schools and provide teaching resources and equipment, training for primary and secondary teachers, as well as scholarships to encourage further education. By enabling more children to get a good quality education, we can help break the cycle of poverty and allow more young people to contribute to their families, communities and the nation.

THE BEST START

This year, the Himalayan Trust has developed a new whole school development programme, focussing on school leadership, community involvement and management, and at its heart, measurably improving literacy of young children. Through intensive in-school training and mentoring, teachers will learn strategies to move away from rote teaching from text books, and children will learn through talking, listening, reading and writing.

A pilot programme will be launched in a small number of schools in the coming months, thanks to the support of the New Zealand Aid Programme.

A woman wearing a colorful patterned headscarf and a blue and white patterned jacket is smiling broadly while washing clothes in a public water tap. In the background, a young child in a pink jacket and a man in a blue shirt are visible. The scene is set in a rural village with stone buildings and a dirt path. The text "BUILDING A PIPE DREAM" is overlaid in large white letters across the center of the image.

BUILDING A PIPE DREAM

Photos: Sam Tarling

THE IMPACT OF WATER

Lakpa Thering Sherpa's face lights up when he starts talking about the water system in Lukla. He was a key member of the local committee who were vital in seeing this community initiative through to completion. It's now two years since the Lukla Drinking Water Project was completed and we ask Lakpa what difference the water system has made to daily life in the village.

"The impact of the water system in Lukla is huge," says Lakpa. "Now everyone has 24-hour running water, this especially helps the women in the village. Before they had to walk long distances just to fetch water."

As well as piping fresh water directly to homes and businesses in the community, the project also established a fire-fighting system.

"The water system helps people feel more safe and confident. If in the future there is any kind of fire accident, they now know there is a fire hydrant system that can help protect them.

"It also means lodges and restaurants can now provide better facilities to customers and that helps their income. So the water system has benefitted people from every angle – with feeling more confident, with better health and a better economy as well," says Lakpa.

Chhamji Sherpa used to have to carry a 20-litre container on her back, strapping the full weight to her forehead for the long walk back down to her home. She says: "I feel much better now that I don't have to carry the water every day. But the main benefit is it has given me more time to farm and sell my vegetables."

The Himalayan Trust provided funding to supplement the money raised by the community themselves. The project is now self-sustaining with the use of a water meter system. The income raised through the meter system funds the training and ongoing employment of two local people as maintenance technicians.

"It's because of the support from the Himalayan Trust and our working together in partnership that we were able to complete this project," adds Lakpa. "We are very proud that this project has become an example [of a good water] project for the entire nation."

MUSEY WATER PROJECT

Musey is a small village with approximately 80 houses and a population of about 270 people. Most of the community depend on agriculture for their livelihood. But the water tank was severely damaged in the 2015 earthquakes. The community in Musey have made some repairs but have also started fundraising to install a system similar to the Lukla system. The Himalayan Trust is now helping raise funds to support the community efforts.

"For any project to be successful, community ownership is needed and we can clearly see good community ownership and leadership with the Musey Water Project," says Lakpa.

Find out how you can support the Musey Water Project at himalayantrust.org/water

Staff at Kunde hospital



The hospital today



John and Di McKinnon, the first volunteers at Kunde hospital

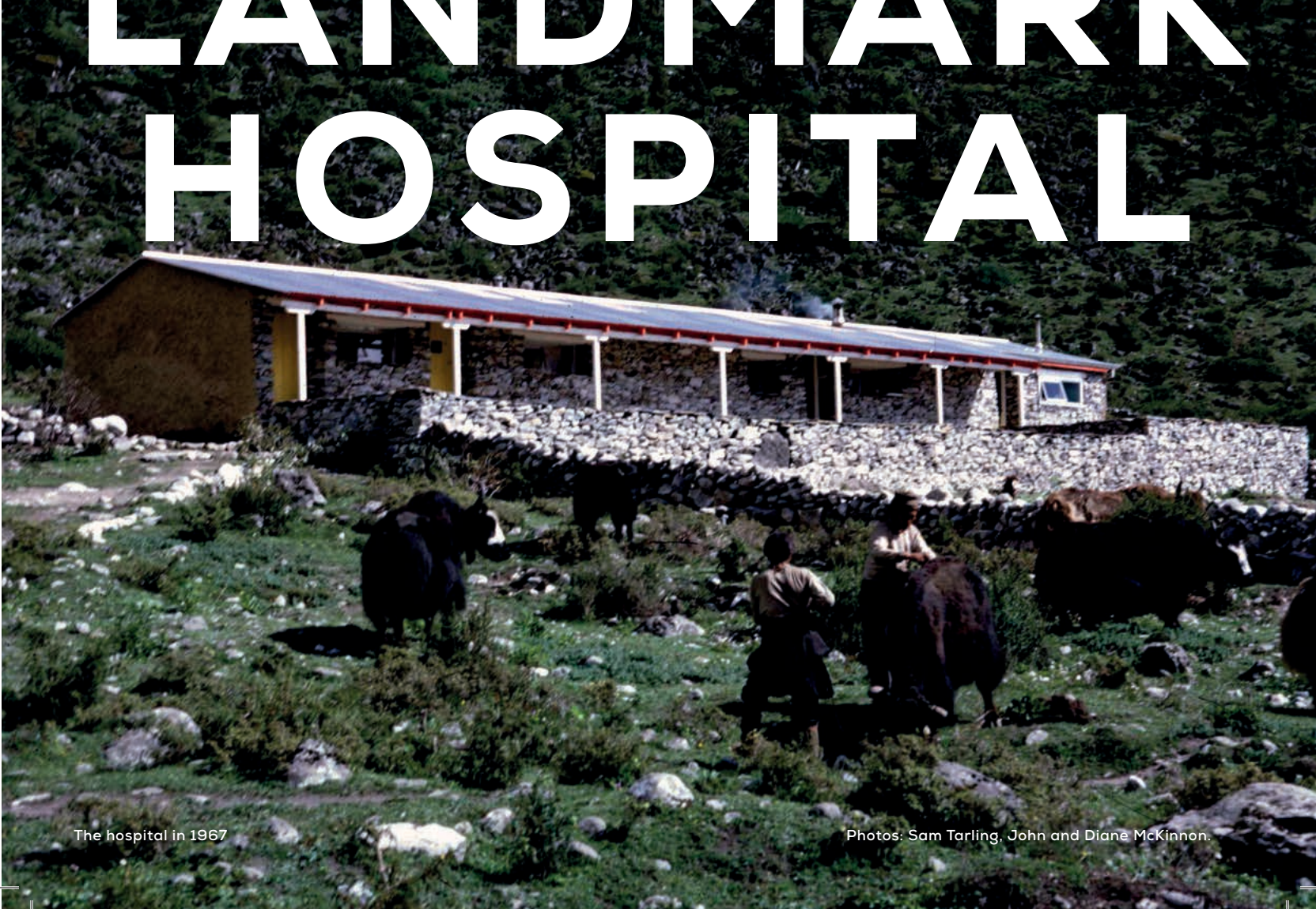


Dr Kami Temba



LANDMARK HOSPITAL

The hospital in 1967



Photos: Sam Tarling, John and Diane McKinnon.

CELEBRATING KUNDE HOSPITAL

This year marks the 50th anniversary of the Kunde Hospital – the first hospital built by Sir Ed in the Solukhumbu region.

The small, stone hospital, nestled on the edge of a mountain at 3,849 metres and surrounded by snow-capped peaks, still operates all year round and today services up to 8,000 locals, plus the thousands of trekkers that pass through the region during the climbing seasons.

Before Sir Ed and his team set up the hospital in 1966, there was virtually no medical service in the region. Almost 50 percent of children died before the age of 20, many from measles, respiratory infections and dehydration from diarrhoea. Women frequently died in childbirth. There was a high incidence of tuberculosis, and a lack of iodine in the diet caused cretinism and goitre – a swelling in the thyroid gland in the neck.

Over the decades, the Himalayan Trust also built Phaplu Hospital and several health clinics in the region; provided funding, training and medical supplies; and recruited volunteer doctors, many of them from New Zealand, to help run the hospitals.

The hospitals, clinics and health care produced remarkable results – the near eradication of TB, the elimination of goitre and cretinism through iodine injections, as well as major improvements in maternal care. The hospital in Kunde now runs a substantial immunisation programme and a family planning service.

For the past 14 years, Kunde Hospital has been fully staffed by Nepali medical professionals. Dr Kami Temba was the first local doctor to take over the full management of the hospital. His personal story of how he came to be the first doctor-in-charge at the hospital is a story that spans the whole of the Himalayan Trust's work in the region.

"Without the schools and the hospital built by Sir Ed I would never have attended school, or acquired the training and opportunity to get a medical degree," said Dr Kami.

Since 1976, the Sir Edmund Hillary Foundation of Canada has managed the funding of Kunde Hospital, while the Himalayan Trust New Zealand continues to support other health initiatives in the region.

RURAL HEALTH

In the village of Bung, which sits far off the beaten track, the Himalayan Trust currently supports the local health post, funding essential medical supplies, equipment and furniture, as well as skills training to improve maternal health. Along with the Sir Edmund Hillary Stiftung of Germany, we provide additional medicines and equipment as required for Phaplu Hospital and nearby health clinics. This funding also includes the salary of an additional local doctor, qualified to perform surgery – therefore reducing the number of cases that need to be referred to Kathmandu.

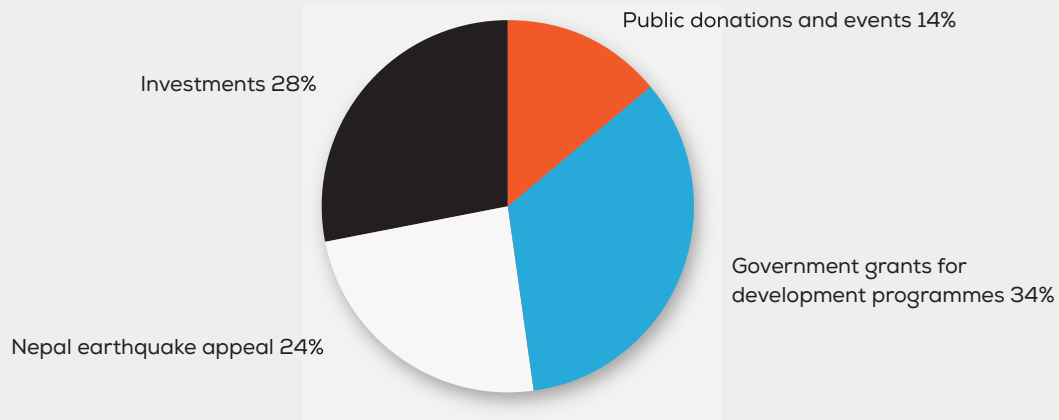
With Nepal having one of the highest maternal and neonatal mortality rates in the world, the service these rural hospitals and clinics provide to the community is vital.

FINANCIAL REVIEW

WHERE THE MONEY COMES FROM

TOTAL INCOME FOR YEAR ENDING JUNE 30, 2016

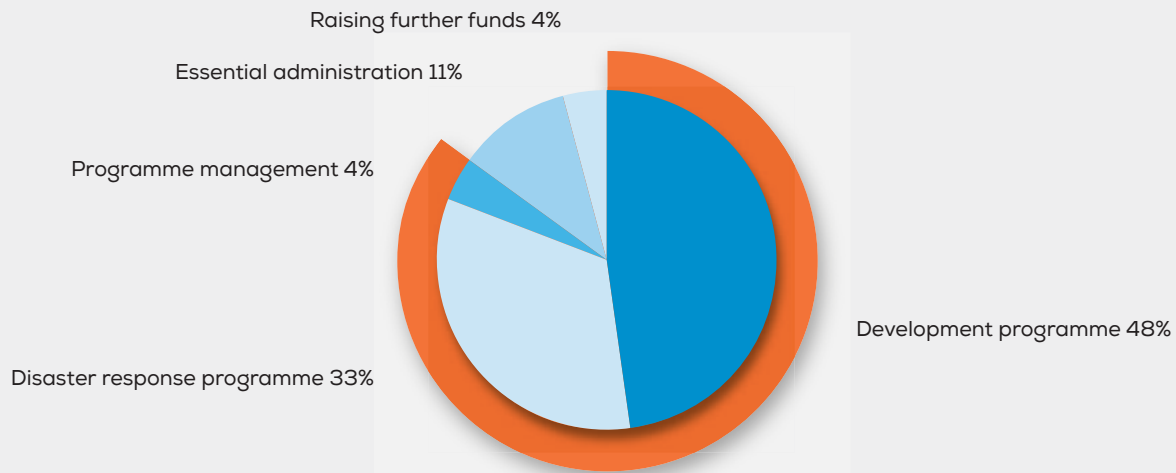
\$1,158,367



WHERE THE MONEY GOES

TOTAL EXPENDITURE FOR YEAR ENDING JUNE 30, 2016

\$1,870,389



Overall programme expenditure 85%

The overall programme expenditure is 85% and includes the following areas:

Development programme is our long-term work with communities in the district of Solukhumbu, Nepal – with a significant focus on delivering quality education. Programme expenditure also includes essential work undertaken to ensure our programmes are well set up and monitored, and are delivering the best possible results for people in need.

Disaster response programme refers in particular to the expenditure on rebuilding schools in Solukhumbu following the 2015 earthquakes. It also includes expenditure on our relief efforts in the early months, including emergency housing and temporary classrooms. A total of \$1.35 million has been raised since the disaster, of which \$612,000 remains, and has been allocated to activities over the next two years. In 2014, the Himalayan Trust and Himalayan Trust-UK jointly raised \$83,000 for a long-term scholarship programme in response to the 2014 avalanche on Everest. So far, \$12,000 has been expended and this programme is expected to run for a further 15 years.

100% of donations received for the Everest Avalanche Appeal and the Nepal Earthquake Appeal will be used in Nepal.

The information in this report has been summarised from the annual accounts of the Himalayan Trust for the year ending June 30, 2016. These accounts have been prepared by HLB Mann Judd, and are currently being subject to audit to meet new legislative requirements. A full financial report is available on request.

The Himalayan Trust is committed to complying with the Council for International Development Code of Conduct.

CHANGING LIVES IN NEPAL

– it couldn't happen without you.

We are truly inspired by the hard work and commitment of our supporters. Whether it's through a donation, a fundraising challenge or event, the generosity and kindness of our supporters has made a huge difference to so many families in Nepal.



Te Araroa challenge: Carl and Adele



Marathon runners: Isabella and Sarah



Cycling NZ: Keri and Bernie

Walking the talk: Carl Hutchinson and Adele-Ivy Harris walked the length of New Zealand on the Te Araroa Trail to raise funds for schools in Nepal. Carl and Adele were travelling in Nepal when the first earthquake hit. They said: "Although we did some volunteering it didn't feel like enough and leaving was difficult knowing that so many families were still in need of urgent help." With 3007kms over 193 days, six pairs of shoes, and one marriage proposal under their belts, the couple raised a staggering \$16,000.

On yer bike: Former Himalayan Trust volunteer teacher Keri Barnett and Bernie Lepper cycled from Cape Reinga to Bluff in March this year and smashed their target of raising \$1 for every 1km they cycled.

Picture people: On the anniversary of the 2015 Nepal earthquakes, Kate Cooke and a group of talented photographers organised the Nepal Earthquake Recovery Photographic Exhibition in Wellington featuring stunning works from their travels in Nepal. Sales of the images raised \$2000.

Lots of Peaks: Ken Brophy and his friends and family raised an incredible \$14,000 through their Lots of Peaks challenge, which included completing the Hillary Trail in Auckland's Waitakere Ranges in less than 21 hours.

Movie nights: Kathmandu helped organise the pre-release fundraiser screenings of the powerful documentary *Sherpa: Trouble on Everest*. Thanks to all our supporters who joined us for the sell-out screenings across New Zealand.

Run for hope: We're incredibly grateful to all our team of dedicated runners and walkers who challenged themselves not only to train for and take on the Auckland Marathon, but to raise money for the people of Nepal as well.



**We would like to say a special thank you to the following organisations:
The Academic College Group, the Auckland Indian Association, Bivouac Outdoor,
The Body Shop, Ffynroc Productions, the Hillary Institute of International
Leadership, HLB Mann Judd, Kathmandu, the Love of Nepal Committee, Macleans
College, Misery Guts, Nepal Aid, Scott Base Antarctica, Scots College, the Sir
Edmund Hillary Scholarship Programme at the University of Waikato, St Kentigern,
State Cinemas, the community of Wairoa, the Wellington Indian Association.**

Thank you to our incredible partners in Nepal for their tireless hard work and support. In particular: Himalayan Trust Nepal, REED-Nepal, Action for Nepal, and the Mahendra Jyoti Senior Secondary School Rebuild Committee.

We would also like to thank the Office of the Honorary Consulate General of Nepal in New Zealand for its support.

We also acknowledge the vital ongoing support from the Ministry of Foreign Affairs and Trade.

The Himalayan Trust values our connections with many international organisations working in Nepal, including American Himalayan Foundation, dZi Foundation, Sir Edmund Hillary Foundation (Canada), Sir Edmund Hillary Stiftung (Germany), Grand Circle Foundation (USA); and in particular, our close working relationship with the Australian Himalayan Foundation and Himalayan Trust (UK) on the earthquake rebuild.

Finally, we would like to thank the extended Hillary family for their unfailing support.

OUTDOOR APPETITE

A team in Christchurch, led by Sue Harrison South, has put in a huge amount of effort to produce a beautiful cookbook *Outdoor Appetite*. Thank you so much to Sue and the whole team for this amazing achievement. With recipes, stories and photographs that reflect our love of Nepal, adventure and the outdoors, 100 percent of funds from the sale of the book will go towards our schools rebuild and education work. Thanks also to Bivouac for their support in making this project possible.

You can buy your copy of *Outdoor Appetite* at Bivouac Outdoor stores or online at himalayantrust.org/outdoor-appetite

LASTING LEGACY

We are deeply grateful to Delys Mary Reed for her bequest of \$60,000 that was granted to the Himalayan Trust on her passing in August 2015. Delys was an accomplished climber and adventurer, a member of the NZ Alpine Club and had travelled in Nepal.

She wrote about her wonderful memories of her time in Nepal in a letter to the NZ Alpine Club just a few months before she died: "Great trips, amazing memories and the best companions anyone could hope for. Wishing wonderful tramps and trips to you all."

Thank you Delys – your generous gift will help a new generation in Nepal build a brighter future.



Outdoor Appetite: BBQ Lamb



Trekking team 2016



Must see: Gokyo lakes

TREK OF A LIFETIME

Thanks to the 15 intrepid trekkers who took part in the inaugural Himalayan Trust Trek through the beautiful Solukhumbu region earlier this year. The trekkers visited some of the schools and hospitals built by Sir Ed Hillary and the Himalayan Trust, and visited the school rebuild project at Chaurikharka school.

Join our 2017 trek to the Gokyo lakes and see first-hand the work you're supporting.

himalayantrust.org/trek



GET INVOLVED

There are many ways you can support the Himalayan Trust's work with communities in Nepal.

Make a donation: Just \$33 could provide a classroom desk and bench for two children. \$60 could provide books for 10 children. Visit himalayantrust.org/donate

Regular giving: By making a monthly donation, you can help bring long-term, sustainable change for communities in the Everest region. Visit himalayantrust.org/donate

Organise a fundraising event: There are loads of fun and creative ways to raise funds, from bake sales to auctions to mufti days. If you would like to organise your own fundraising event, we would love to hear from you. Visit himalayantrust.org/fundraise

Sign up to our email newsletter and get the latest news and updates straight to your inbox. Visit himalayantrust.org

Run with us: Running a marathon or other sports event is a great way to fundraise for Nepal and challenge yourself. Visit himalayantrust.org/marathon

Trek with us: Join the 2017 Himalayan Trust Trek through the beautiful Everest region and experience first-hand the work you are supporting in the region. Visit himalayantrust.org/trek

Leave a legacy: By remembering the Himalayan Trust in your Will, you can continue Sir Ed's legacy of helping the people of Nepal for generations to come. Visit himalayantrust.org/legacy

Get in touch: Email info@himalayantrust.org, call 021 271 2105 or visit himalayantrust.org

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