

SIR EDMUND HILLARY'S

HIMALAYAN TRUST



2017 REVIEW

HIMALAYAN
TRUST FOUNDED 1960
BY SIR EDMUND HILLARY



The Himalayan Trust works to improve the quality of education and healthcare for remote communities in the Everest region of Nepal, which remains one of the poorest countries in the world.

Sir Edmund Hillary founded the Himalayan Trust in the 1960s when he built the first school in the small village of Khumjung. Every year Sir Ed trekked in the areas of his aid work, consulting with local people and planning for the future. For Sir Ed, his work in the region was rooted in friendship and respect for the people of the Himalayas.

The Himalayan Trust follows in Sir Ed's footsteps. We work in partnership with local people to build the resilience of remote communities and to strengthen the bond between the people of Nepal and the many New Zealanders who have given their time, money and support over the years.

In 2017, Nepal held local elections for the first time in 20 years. Amongst young people, many of whom voted for the first time, there is a real sense of optimism for the future development of Nepal. With many of the newly-elected, young representatives in the Solukhumbu having received their education at schools built and supported by the Himalayan Trust, we can be proud of the part our organisation has played in the region.

We share this optimism of Nepalis and their call for greater transparency and opportunities for all. The Himalayan Trust have embraced this spirit in setting our strategic goals for the next five years. Through our work with local partners to improve access to health services, we aim to ensure that fewer women die during childbirth and that young children benefit from improved nutrition. We aim to improve literacy rates, especially among young children. We aim to build greater income security for families and communities.

Whilst we are a small organisation, we are confident that with your support we can have a significant impact in remote Himalayan communities. For more information on the new five-year strategic plan, visit himalayantrust.org/strategic-plan

The Himalayan Trust supports innovation, and to this end we are trialling new approaches to improving the quality of education in rural Nepali schools. Building on the strong foundation of teacher training that has been a hallmark of the Himalayan Trust, this year we initiated a pilot literacy programme for five- to eight-year-olds in 11 schools and supported targeted in-classroom training for teachers of Grades One to Five in a further 28 schools. This coming year, we will trial a library development and school leadership project in seven high schools and support the establishment of computer labs in nine other high schools, accompanied by ongoing help with maintenance and training for teachers.

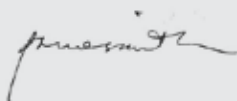
We are very proud of our local partners who have worked hard to establish rigorous project management and accountability systems to ensure that our complex, multi-site, earthquake rebuild programme runs on time, on budget and to specification. Our "Build Back Better" programme to construct seismic-strengthened classrooms following the devastating 2015 earthquakes is due to be completed by early 2018.

Sir Ed's legacy is very much alive today – in the newly-built classrooms, in carpeted reading corners in classrooms, in the books children are taking home to read, in young teachers challenging themselves to try new approaches in the classroom. It lives on through the healthcare for mothers and babies, and the safe drinking water for whole communities.

In this *Annual Review*, you can read about the impact of the work you've made possible this year and celebrate the enduring legacy built by our founder in the Solukhumbu region.

None of this work is possible without your ongoing interest in Nepal and your generous support.

Namaste and thank you.



Prue Smith

General Manager



Karen Barks

Chair

NAMASTE





REBUILD

Building materials were transported by mules, helicopters, tractors and teams of porters.

SAFER SCHOOLS

Thanks to your support, the hard work of local communities, and great planning by our partners in Nepal, the rebuild of earthquake-damaged classrooms is nearing completion. Our team are on track to finish a total of 150 seismic-strengthened classrooms, plus toilet blocks and water supplies, at 36 schools by early 2018.

TACKLING THE CHALLENGES

The focus over the last year has been on rebuilding classrooms at some of the most remote schools in this mountainous region, which presented an extraordinary logistical challenge. Materials had to be transported by various means, including helicopters, trucks, tractors, mules and teams of porters.

“The major challenge was the delivery of materials to each project site before the start of the monsoon,” says Satya Man Lama, Engineer Project Manager with our partner organisation Himalayan Trust Nepal. “But it feels like we have won our race now and are very proud of being on track to finish the project within our timeframe.”

On top of grappling with transport logistics and timing work around the monsoon, the team faced further challenges such as the sourcing of roof timbers for schools in the buffer zone of the Sagarmatha National Park. At schools elsewhere, they were able to source locally-milled timber. But timber in the National Park is scarce and protected, so the roof timber had to be sourced from an area near Salleri and transported by helicopter up the mountain.



Celebrating the school handover in Panchan.



Playtime in Chaurikharka.

STRENGTHENING COMMUNITIES

Communities are hugely involved in decision making, planning, financial management, and construction work at every school. They also make an important financial contribution to the rebuild costs, which is usually somewhere between 10–20 percent of the total cost. This can be a contribution in cash or in kind, such as portering materials and equipment, supplying local materials or providing labour.

Through the consultation and project management process, communities have learned about earthquake-resistant building techniques and for many, the new classrooms are the safest buildings in their village.

“We are proud to hear from stakeholders that our rebuild programme is the most exemplary rebuild project in the district,” adds Satya. “As we reach the final stage of the project, it brings our team satisfaction and confidence in our work, and happiness that we are keeping children safe and preparing the foundations for their bright future.”

THANKS TO YOU

When New Zealand learned of the destruction caused by the 2015 earthquakes in Nepal, the Himalayan Trust was flooded with generous donations and we launched our biggest ever programme. That incredible support has allowed the resilient communities of the Everest region to get their children’s learning back on track.

The head teacher and chair of the school committee at Panchan School, which was rebuilt with our partner REED–Nepal, have a strong message of thanks to you: “It is our great pleasure to thank you for your support to build our earthquake–resilient building. The building has produced a modern, positive learning environment for our students. The 2015 earthquakes completely destroyed our school and affected their learning and opportunity for the future. With our new building, the whole school is excited for our children’s education. We are heartily grateful for your extraordinary generosity.”

New water supply and classrooms at Pike school.



Work in progress at Himalaya Secondary School, Jubu.





Himalayan Trust Nepal's Satya Man Lama (right) with a construction team.

"As we reach the final stage of the project, it brings our team satisfaction and confidence in our work, and happiness that we are keeping children safe and preparing the foundations for their bright future."

Satya Man Lama, Engineer Project Manager.



REBUILD IN NUMBERS

\$1.5 million earthquake rebuild programme

7078 children learning in seismic-strengthened classrooms

4600 donations to the earthquake appeal

150 classrooms built or retrofitted

36 schools improved

10-20% community contribution at every school

6 new toilet blocks built

3 local partners

1 water supply constructed



New classrooms alongside the very first schoolroom built by Ed in 1961.

MURRAY'S VISIT TO KHUMJUNG SCHOOL

"Earlier this year, I was lucky enough to visit the Himalayan Trust's rebuild work at Khumjung School," says Himalayan Trust supporter Murray Faulkner. "I was very impressed with the level of organisation. I met Bidur, one of Himalayan Trust Nepal's field engineers. He was so diligent in checking the work quality, and logging deliveries and materials. He'd been at the rebuild site for about nine months and I don't think he'd seen his wife and family in all that time. That must be hard.



"One particular day, 21 helicopter loads of building materials arrived, including cement, steel, timber, and fencing. Every time a helicopter arrived dust was blown everywhere. But the teachers in the classrooms just kept on teaching!

"All the building materials had to be carried to a safe spot and checked for accuracy. There wasn't a wheelbarrow or conventional hammer in sight to make life easy. Everything must be done by hand. The concrete mixed by shovel. I helped out where I could.

"But the rebuild team were always laughing, never tiring of making fun of me, but also appreciative of any help I could give. I was very sad to leave."

Murray Faulkner is a Himalayan Trust supporter who raised \$2400 towards the earthquake rebuild programme by running the Auckland Marathon.



BUILDING BLOCKS

OF LEARNING

Getting a great start in learning to read and write makes a huge difference to a child's future.

This year we launched a pilot literacy programme with our local partner, Action for Nepal, at 11 schools in the Solukhumbu. The programme will invest in the whole school community, including parents, to help improve early literacy learning for children aged five to eight years.

Over the next three years the programme will undergo continuous monitoring, evaluation, development and improvement with the schools involved. Together we aim to develop a successful and sustainable model for improving literacy that can potentially be rolled out to many more schools in the future.

LEARNING STRENGTHS AND NEEDS

"The initial change for the schools taking part in the programme is to shift from subject teaching to grade teaching," says Babita Chapagain, the Project Manager and Head Coach. "Grade teaching allows teachers to be with the same students all day and really get to know their needs, strengths, and interests. It also helps build trust and understanding between the teacher and the students."

RIGHT RESOURCES

An inviting, carpeted reading corner with a book display shelf is being set up in each classroom to encourage the kids to enjoy reading and provide a comfortable space to listen to stories.

The Lukla-based team of Nepali education experts are helping source the best literacy materials available in Nepal, developing new resources where necessary, and providing training to use these materials. "We will also support teachers to use locally-available resources, such as a maths kit made up of pebbles or buttons," adds Babita.

STIMULATING LESSONS

A series of class lessons combining science, health, art, physical education, social studies and language have been prepared for the teachers to use, as well as lots of activity ideas for independent group work. This is an exciting change of focus for teachers and students who are more used to rote learning from standard text books. Many of the schools taking part in the programme have well-resourced libraries thanks to donations from trekkers, but they are rarely used by the children. Schools will be encouraged to schedule regular class visits to the library and to improve their collection of books.

COACHING NEW CONCEPTS

"All the staff involved in the programme will have regular in-school coaching on how early grade students learn, and techniques to teach reading, writing and spelling. There will also be ongoing coaching in class management practices," explains Babita.

"Many teachers are already working hard to try out new techniques to engage their students in class. In a creative and inspiring environment, children will have more opportunities to think, learn and thrive."

Join us in investing in early literacy and help children get the best possible start to their education. Visit himalayantrust.org/education

TOOLS TO LEARN

Nearly 6000 children in 60 schools enjoyed essential stationary supplies and teaching materials this year as part of a long-term programme with our partner Himalayan Trust Nepal. As an upgrade to this programme, we were delighted to partner with EduTech Nepal to fit-out a computer lab at a high school in Salleri. Over the next five years, we will facilitate the roll-out of computer labs at many more schools, with a target of nine more high schools in the next year.



Learning at home.



Story time in the reading corner.



FOCUS ON HIGH SCHOOLS

A four-year programme with local partner REED-Nepal came to completion this year, having helped increase the confidence of teachers to deliver the curriculum of their particular subject. Selected teachers from all 42 high schools in Solukhumbu took part in workshops that were facilitated by Nepali trainers and New Zealand and Australian teacher volunteers. Follow-up support was also provided through visits to the schools throughout the year.

English teacher Phadindra Timilsina of Janasewa Secondary School in Lokhim said: "Thanks to the training I was able to know and use the child-centred teaching strategies in my class. There is a drastic change in the classroom management and organisation."

Next year, REED-Nepal is focussing on seven high schools to strengthen teacher appraisal methods and improve the use of school libraries for reading and research by students.



EDUCATION IN NUMBERS

5936 students benefited from educational resources and equipment

400 children and **41** teachers are part of the pilot literacy project

259 teachers at **28** schools received in-school training and support

262 secondary teachers attended subject-based workshops

108 students are being supported through scholarships



Providing the tools to learn.

BETTER HEALTH

LOCAL CARE IN BUNG

The Bung health post has been kitted out with new furniture and medical equipment thanks to Himalayan Trust supporters.

The Rai village of Bung lies far from the beaten track in the south-east of the mountainous Solukhumbu region. There are no vehicle roads to the village. For the approximately 4500 people living in this area, the nearest main hospital and doctor is a two-day walk. So having an effective local health care service is vital for this remote community.

“Himalayan Trust supporters have bought blankets, mattresses, and other furnishings, as well as medical equipment such as childbirth delivery sets and IT equipment,” says Dr Jangmoo Sherpa, Programme Director with our local partner Action for Nepal.

The next phase of the project now underway is a relatively low-cost but high-impact programme, which will improve the understanding of good health within the community, target improvements to maternity and neonatal health, and ensure local health workers are equipped to meet the needs of their community.

“A recent survey found that the maternal mortality rate in this region is twice the national average,” adds Jangmoo. “That’s why we will work closely with women in Bung to address their health needs, particularly maternal health. Our long-term goal is to empower women to make effective decisions about their health care.”



Supporting new mums and babies.

HEALTH AND INCOMES IN MUSEY

“The water system will reduce health costs and provide water to expand cropping patterns. There is a good potential market up in Lukla if people here can grow a surplus of crops.”

Lhakpa Gelzen Sherpa,
Musey Water Committee member

The design is complete and construction will soon begin on the Musey water system. The system will pipe clean water to over 80 homes, provide water to irrigate crops, and supply at least two fire hydrants.

The community of Musey, which is about a 45-minute walk from Lukla but away from the main trekking routes, has been struggling with health problems and falling crop yields since the village water tank was damaged beyond repair in the 2015 earthquakes.

Find out more and support the people of Musey at himalayantrust.org/water



Damaged water tank.



Better health.

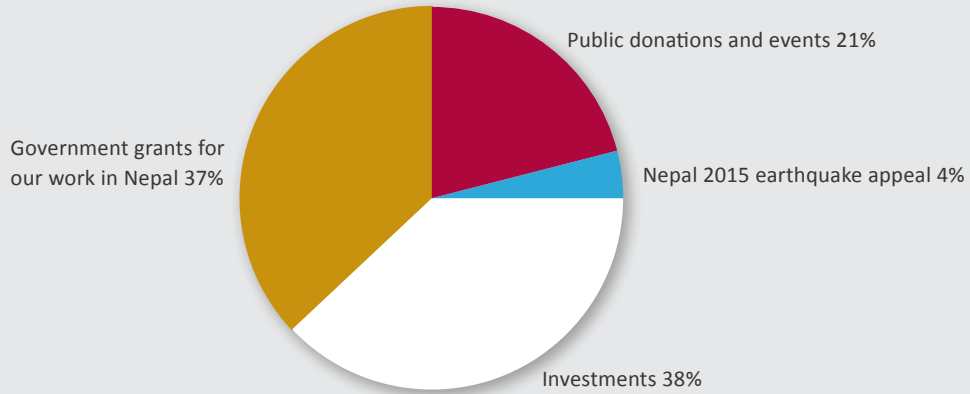


Safe water at home.

FINANCIAL REVIEW

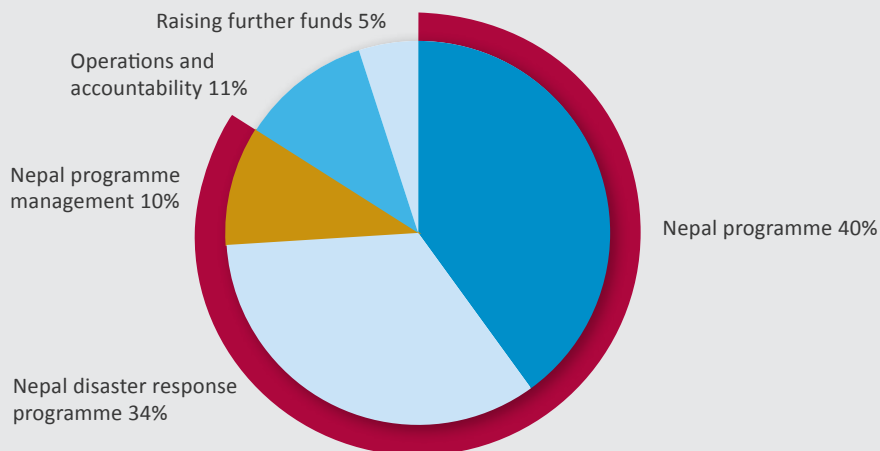
WHERE THE MONEY COMES FROM

TOTAL INCOME FOR YEAR ENDING JUNE 30, 2017
\$812,394



WHERE THE MONEY GOES

TOTAL EXPENDITURE FOR YEAR ENDING JUNE 30, 2017
\$1,847,726



Overall programme expenditure 84%

The overall programme expenditure is 84% and includes the following areas:

Nepal programme is our long-term development work with communities to deliver quality education and improve health.

Nepal disaster response programme refers to expenditure on rebuilding schools in Solukhumbu following the 2015 earthquakes. A total of \$1.37 million was raised in response to the disaster and all of this has now been expended in Nepal. The rebuild is expected to be completed by early 2018. The Himalayan Trust will draw on current investments to meet the total \$1.5 million commitment. In 2014, the Himalayan Trust and Himalayan Trust UK jointly raised \$83,000 for a long-term scholarship

programme in response to the 2014 avalanche on Everest. So far, \$15,715 has been expended and this programme is expected to run for a further 14 years.

100 percent of donations to the 2015 Earthquake Appeal and 2014 Everest Avalanche Appeal will be used in Nepal.

Nepal programme management covers essential work to ensure our programmes in Nepal are well set up and monitored, and are delivering the best possible results for people in need.

Operations and accountability covers essential services in finance, accounting and management.

Raising further funds covers the cost of activities to attract public donations and engage long-term supporters.

The information in this report has been summarised from the Performance Report of Himalayan Trust for the year ending June 30, 2017. This report has been prepared by HLB Mann Judd Limited and and, at the time of publication, was subject to audit by William Buck Audit (NZ) Ltd. The audited Performance Report is available on request. The Himalayan Trust is committed to complying with the Council for International Development Code of Conduct.



THANK YOU

We would like to say a special thank you to the following organisations: Hillary Institute of International Leadership, Kathmandu, Love of Nepal Committee and Bivouac Outdoor, Macleans College and the Sir Edmund Hillary Scholarship Programme at the University of Waikato. Also, our thanks to Give it Heaps Studio, HLB Mann Judd Ltd, SJGD Structures, and William Buck Audit (NZ) Ltd.

Thank you to our incredible partners in Nepal for their tireless hard work and support. In particular: Himalayan Trust Nepal, REED-Nepal, Action for Nepal, and the Mahendra Jyoti Senior Secondary School Rebuild Committee.

We would also like to thank the Office of the Honorary Consulate General of Nepal in New Zealand and the New Zealand Honorary Consulate in Kathmandu for their support. We also acknowledge the vital ongoing support from the Ministry of Foreign Affairs and Trade.

The Himalayan Trust values our connections with many international organisations working in Nepal, in particular, our close working relationship with the Australian Himalayan Foundation and Himalayan Trust UK on the earthquake rebuild; and our new working relationship with EduTech Nepal, founded by Christchurch philanthropist Mike Chisholm, who has a vision to set up 1000 computer labs in schools throughout Nepal.

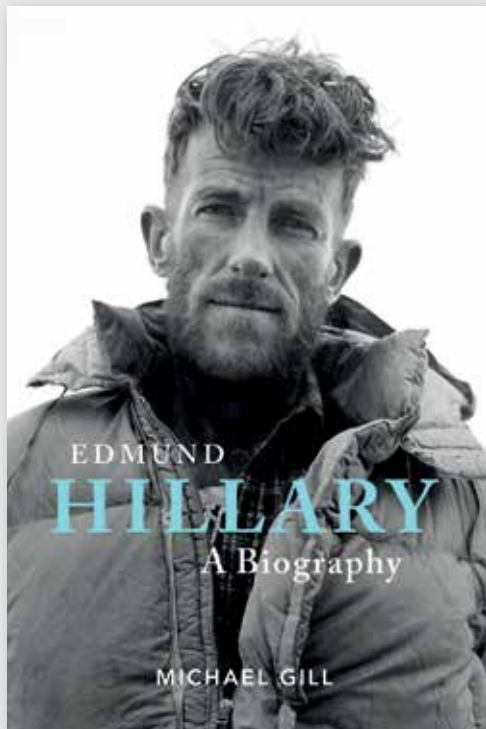
We are sincerely grateful to our regular donors for their ongoing support.

Finally, we would like to thank the extended Hillary family for their unflinching support and generosity.



CHANGING LIVES

– it couldn't happen without you.



Thank you to all our inspirational supporters! Whether you made a donation, challenged yourself to raise funds, bought a book, or joined us at an event, you've made it possible to improve education and health for communities in Nepal.

BRAND NEW BIOGRAPHY

Himalayan Trust founding member Mike Gill has written an insightful new book, *Edmund Hillary: A Biography*. Mike was close friends with Sir Ed for over 50 years and had unprecedented access to private documents to write this affectionate portrait.

You can get a 10 percent discount on copies of the book by visiting pottonandburton.co.nz and using coupon code HTRUST. Plus, 20 percent of the proceeds from sales using this code will be donated to the Himalayan Trust.

TALK IT UP

A series of speaker evenings were held around the country this year, giving supporters an opportunity to hear more about the Himalayan Trust's work and to celebrate our unique history. Speakers included former volunteer doctors, and supporters who've taken on a personal challenge to raise funds. There will be more speaker evenings around the country over the coming year, so watch out for details in our enews and on the website.



COOK OUT

Copies of the stunning cookbook *Outdoor Appetite* have flown off the shelves, raising over \$40,000 so far. The cookbook is packed with delicious recipes, beautiful photos, personal stories from our members and supporters, and incredible historical photos. With every copy sold, 100 percent of the funds goes to support quality education in Nepal. We have more copies to sell so tell your friends and networks. If you haven't bought your copy yet, then visit Bivouac Outdoor or buy online at himalayantrust.org/outdoor-appetite



DREAM TEAM

Over the last three years, 56 amazing supporters have challenged themselves to run for the Himalayan Trust, raising over \$70,000! If you'd like to run a marathon or take on a personal challenge to raise funds, we'd love to have you on our 2018 team. There are events all around the country to suit every fitness level. Funds raised this year will support maternal and newborn health in Bung. Join us at himalayantrust.org/run-with-us



A YAK FOR CHRISTMAS

Every Christmas tree will need one of these gorgeous, fairly-traded yak decorations! Available from selected Kathmandu stores throughout December, 100 percent of the proceeds will support our education work in Nepal. The team at Kathmandu have generously supported our work since the 2015 earthquakes and we're looking forward to our new long-term partnership, working together to raise funds for Nepal.



ED IN THE CLASSROOM

An educational resource for New Zealand primary and intermediate schools has been developed that will introduce students to Sir Ed's humanitarian work and inspire them to follow his example by challenging themselves and helping others. Find out more at himalayantrust.org/schools



STUDENT POWER

We'd like to thank the fantastic Hillary House students at Macleans College who've raised \$33,000 over the last three years. Sir Ed was a regular visitor to the College, and today the students continue to support his legacy and raise funds for the Himalayan Trust every year.

STEPPING HIGHER

Earlier this year four Sir Edmund Hillary Scholars at the University of Waikato, Rachel Twyman, Fai Tongdehstri, Ellie McCleery and Codi Merito, visited the Himalayan Trust's work in Nepal through the Step Higher Award. They also helped to organise a packed-out speaker event in Hamilton where they shared stories from their travels and talked about raising \$10,000 for the Musey Water Project.

SUMMIT ANNIVERSARY

On 29 May 2018, we'll be celebrating the 65th anniversary of Sir Ed and Tenzing's historic summit of Mount Everest. Look out in the enews and on our website to find out how you can get involved.

GET INVOLVED

There are many ways you can support the Himalayan Trust's work with communities in Nepal:

Make a donation: \$50 will buy a bundle of early literacy books for a whole class. \$300 will fund a week of in-classroom teacher coaching. Visit himalayantrust.org/donate

Regular giving: By making a monthly donation, you can help bring long-term, sustainable change for communities in the Everest region. Visit himalayantrust.org/donate

Hold a fundraiser: There are loads of fun and creative ways to raise funds, from bake sales to auctions to mufti days. If you'd like to organise an event, we'd love to hear from you. Visit himalayantrust.org/fundraise

Join up: Join our email newsletter list to get news and updates straight to your inbox. Visit himalayantrust.org

Run with us: Running a marathon or other sports event is a great way to fundraise for Nepal and challenge yourself. Visit himalayantrust.org/run-with-us

Trek with us: Trek to Everest Base Camp, volunteer with us, and experience first-hand the work you're supporting. Visit himalayantrust.org/trek

Leave a legacy: By remembering the Himalayan Trust in your Will, you can continue Sir Ed's legacy and help the people of Nepal for generations to come. Visit himalayantrust.org/legacy

Get in touch: Email info@himalayantrust.org, call 021 271 2105 or visit himalayantrust.org

HIMALAYAN
TRUST
FOUNDED 1960
BY SIR EDMUND HILLARY

This Annual Review is printed by the Himalayan Trust,
PO Box 43, Auckland 1140.

ISSN 2537-6748 (print)
2537-6756 (online).

The Himalayan Trust is a registered charity with the
New Zealand Charities Commission, registration CC39393.

www.himalayantrust.org

[facebook /himalayan_trust](https://facebook.com/himalayan_trust)

[twitter /himalayan_trust](https://twitter.com/himalayan_trust)