

REVIEW





This year, we marked the 100th birthday of our founder. The centenary was celebrated widely, not least by the Himalayan Trust who turned on the grandest of gala dinners, and by Prime Minister Jacinda Ardern at a special parliamentary reception. It also provided a fitting opportunity for New Zealanders to reflect on Sir Ed's legacy as one of the world's great humanitarians.

The Rt Hon. Helen Clark gladly accepted our invitation to trek in the Everest region to see for herself Sir Ed's ongoing legacy in the form of education, water and health. She also witnessed the many employment opportunities that came to locals when trekkers began to land at the Lukla airstrip, built by Ed to transport construction materials into the region for his schools and hospitals.

In the schools, clinics and lodges, Helen talked to local people about their lives and was impressed by how many said: "I went to a Himalayan Trust school. That's where I got an education."

Thanks to your support, we remain committed to Sir Ed's vision of making sure all children have access to a good quality education. This year, we have continued to focus on improving literacy education for young students. Zangbu Sherpa, who grew up in the small village of Lukla, attended our gala dinner in Auckland. He described the gift of literacy that came to him at Lukla School. Zangbu told me: "Without literacy, I would have ended up as a yak boy and load carrier. But because of Sir Ed's school I became a pilot flying Boeings."

When Sir Ed built the first schools in the 1960s, girls were largely left out of early school enrolments. But now the numbers are equal. The Himalayan Trust supports higher education scholarships for young people, over half of which are now taken up by young women. You can read more about our education work on page 8.

We are pleased to launch two new water projects this year that you can find out more about on page 10. Our commitment to improving the health of young mothers and babies has continued this year and you can hear from Sumitra on page 11 about the benefits that your help is bringing.

Thank you for your continued support for the Himalayan Trust during this special centenary year and thank you for being part of this inspirational New Zealand story.

With your generous support, we will work hard to continue Sir Ed's legacy.

Mike Gill

Chair

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Talking about future ambitions with senior girl students.

This year is special. In July, we marked 100 years since Ed's birth. In this centenary year, I was privileged as Patron of the Himalayan Trust to visit the Solukhumbu District of Nepal. I trekked for 11 days in Ed's footsteps, through the areas where Ed and the Himalayan Trust have been working since the 1960s.

Trekking up the valley was incredible. We walked up and down steep hillsides, along precipitous traverses, across huge swing bridges, surrounded by snow-capped 8000m peaks. We passed villages clinging to hillsides, but where we

would always find a tea house offering warm tea and an even warmer welcome.

When Ed first started visiting this region in the 1950s and 60s, for all its stunning natural beauty, what struck him most was just how tough everyday life was for the hard-working and generous people who had become his friends. When Ed first spoke with the Sherpa communities about what they needed to improve their lives, they immediately said education. In response, Ed built the first school in the region in the village of Khumjung in 1961.

In his work, Ed responded to the needs the communities identified for themselves. As well as access to education, they highlighted a need for health services, and drinkable water.



Reading with students at Khumjung school.

Wherever I went in the region, the impact of the long-term support from Ed and the Himalayan Trust was obvious in the stories we heard from the people whose lives they have touched.

At the schools, clinics, and lodges along the trails, I met countless students of the Hillary schools, including those who had benefitted from scholarships to progress to further education and training.

Take Dr Kami Temba. Dr Kami went to a school built by the Himalayan Trust in the village of Thame. After Grade Four, he had to walk from Thame to the school in Khumjung each day – several hours each way. He was then supported by the Himalayan Trust to complete his high school education and qualify as a community medical assistant, serving in that capacity for 19 years at Khunde Hospital. Recognising his potential, funders supported him to attend the Fiji Medical School to train and qualify as a doctor. In 2002, he took over the management of the hospital. Dr Kami's story is one of accepting every opportunity offered for education and of dedicating his talent and skill to his community.



Testing the new water system and fire hydrants in Musey with Sarah Hillary and the local community.

In the 1970s, Ed and his wife Louise threw their weight behind the creation of the Sagarmatha National Park in the Everest Region – Sagarmatha being the local name for Everest. This was visionary. It helped ensure that the natural environment of the region could be protected, while also providing for the needs of the communities living within the National Park. The New Zealand Government provided support with training and advice on park management and sustainable forestry. Now, the Sagarmatha National Park is a UNESCO World Heritage Site that encompasses 1,148km² of land in the Himalayas.

Tourism is the major economic activity in the region, providing work for climbing and trekking guides, and work in the lodges, guest houses and tea houses that can be found in every village along the trails. The tiny air strip in Lukla, built by Ed and the Himalayan Trust in the 1960s to transport construction materials for the hospitals and schools, is now one of the busiest airports in Nepal.

Climbing tourism has also brought great tragedy to Sherpa communities. Around one third of those who have died climbing Everest were Sherpas. This takes a heavy toll on families and communities. I met Ang Dawa, the community medical assistant at the clinic in Phortse village – her father and her brother were both killed on Everest. She has a young child and insists that her husband sticks to working as a trekking guide, which has a fraction of the hazards of being a climbing guide.

Yet, the early investment in education and health by Ed and those who supported him in New Zealand, have enabled the local communities to participate as major stakeholders in the tourism sector and benefit from it. It has given people choices and options.

Despite the positive impact of the work of the Himalayan Trust and their partners, there remains much to do. Access to secondary schooling in the region is limited and ensuring access to safe water continues to be a challenge. In the south of the region far below the main trails to Everest where there is less opportunity for tourism-related activity, people are poorer. Indicators like that for maternal mortality are worse.

Even today, not all children in Nepal are in school. Without Ed, one wonders how long it might have taken for the first education and health services to be established in the remote, mountain valleys of Nepal.

It's an unforgettable experience to come to this region of Nepal and walk in Sir Edmund Hillary's footsteps. When I think of Ed, I think of greatness. He did amazing things. But he was always humble about his achievements. To me, that sums up Ed. He never talked about himself. Instead, he talked about what he could for others. It is that sense of service, contribution and giving back to others that I think is a true sign of greatness.



BUILDING FUTURES

Sir Ed knew that education, more than anything else, has the power to lift people out of poverty. Yet too many young people in the Everest region face a lifetime of disadvantage because they can't get anything more than the most basic education

Thanks to you, the Himalayan Trust works to improve the quality of education in the Everest region, keeping alive Sir Ed's vision of a brighter future for as many children and young people as possible. We support schools with resources and equipment and provide training for teachers. We also support scholarships to help young people from mountain villages pursue higher studies. The scholarships are helping produce doctors, environmentalists, engineers, teachers, health workers and community leaders, to help address skills shortages in the region.





EDUCATION IN NUMBERS

7000 students now have vital educational resources and equipment at 61 schools

94 teachers at 22 schools benefit from teacher training

730 children enjoy better learning thanks to teacher training

84 more students can continue to learn thanks to the scholarships programme

1500 students at 7 high schools now have access to better libraries

127 carpets, 124 cushions and 53 low tables delivered to early childhood classrooms

109 benches and 36 desks delivered to primary classrooms

PARENT-TEACHER PARTNERSHIPS

We continued work this year with our local partners Action for Nepal, Himalayan Trust Nepal, and REED-Nepal to upskill teachers and encourage child-centred practices. Our training also works to strengthen community involvement in schools and build partnerships between parents and teachers to help children get the best start at school.



"Thank you for supporting such an important programme." Biruman Rai, Head Teacher at Chaurikharka school

Janikala Sundas has a daughter at the school in Sano Gumela. "Before, we did not know if our children were doing good or bad at school. The most important change for me has been reading with my daughter, being involved with school and making sure she can get an education and a good future."

Head Teacher Biruman Rai told us what a huge difference child-centred teaching practices had made at his school: "In the past, I found children were frightened of teachers but now, the children want to chat with us. I am so happy to see this change in my school and to see parents and teachers working together for their child's education."

CHAURIKHARKA COMPLETE

Following the devastating earthquakes in 2015, we built 150 seismic-strengthened classrooms across the region. The ambitious rebuild project at the school in Chaurikharka, supported thanks to your donations, is now also complete. All the school buildings were severely damaged in the 2015 earthquakes. The new buildings have been constructed with steel framing to meet the need for larger class sizes at this busy school. The new buildings include primary and secondary blocks, an early childhood block, science lab, computer lab and hostel accommodation.



WATER CHANGES EVERYTHING

Thanks to Land Rover New Zealand and wonderful supporters like you, the lives of 900 people in the villages of Bubsa and Monjo are being transformed. Together, we are helping build seismic-strengthened, safe water systems.

Nothing is more important for the health and wellbeing of families than safe, clean water. Yet for many people in the remote regions of Nepal, access to clean water remains a huge challenge. Many villages have never had a reliable source of drinkable water. For others, their water source can become dirty and contaminated during the heavy monsoon rains. Then, during the dry season, which lasts most of the year, water sources often dry up. Women, children and grandparents spend hours each day walking to collect water.

With your vital support, we are building a system of water tanks, pipes, taps and water hydrants, capable of collecting and storing enough water for daily household use and to irrigate crops. The water will be cleaned through a sand-filtration system and then delivered directly into homes. Local water committees will be trained to maintain the water systems to ensure safe water is accessible for generations to come. The work is already underway in Bubsa and will be starting soon in Monjo.

With safe water, the health of families will improve. Children will have more time for schoolwork. Women will have more time to spend on productive activities like growing crops to eat and to sell for an income. That's all thanks to the wonderful generosity of Land Rover and friends like you.

INVESTMENT IN SAFE WATER 2019-2020: \$170,000

"It takes an hour to get water from the nearby source. My wife and I have to carry it further in the dry season."



WATER IN NUMBERS

900 people in Bubsa and Monjo villages will have access to safe water

67 homes in Monjo connected to safe water by 5km of pipes and 2 reservoir tanks

116 homes in Bubsa connected to safe water by 15km of pipes from 16 reservoir tanks

CONNECTING MUMS

Sumitra Kulung is a mother of four from the remote village of Bung in the lower Solukhumbu. She is seeing the benefits of the new health services available at the health post in her village thanks to Himalayan Trust supporters.

"Compared to my elder three children, there are more facilities at the health post during my pregnancy with my youngest baby. Now I go to the health post regularly if there are any health issues in my family," said Sumitra.

As well as training a local nurse and a midwife, and improving equipment at the health post, the health project team hold regular meetings with local women to discuss their maternal and neo-natal health issues. They discuss healthy eating and caring for new babies and use picture cards to discuss common health concerns. The team then explains what services are available at the health post to address these problems and introduce women to the health staff – to help women feel more confident in using the services.

Purni Maya Rai, a community health volunteer, said: "The meetings have helped women realise the importance of good diet during pregnancy, regular antenatal and postnatal check-ups and delivery at the health facility."

At these meetings, the women can also raise their health concerns – often that means issues like malnutrition, jaundice, diarrhoea, breast-feeding difficulties and still-born babies.

Sumitra added: "This project has also been helping the local women like me to be heard too, which is good. Thank you so much for your help."

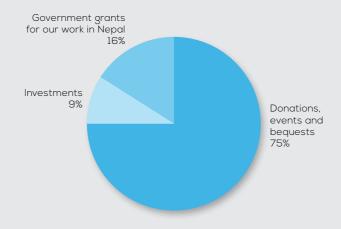
INVESTMENT IN HEALTH CARE 2018-2019: \$21,530



FINANCIAL REVIEW

WHERE THE MONEY COMES FROM

TOTAL INCOME FOR YEAR ENDING JUNE 30, 2019 \$2,161,179





RAISING VITAL FUNDS

The Himalayan Trust invests money each year in activities to raise public donations and engage long-term supporters. This year, we have increased our income from donations and events significantly. We also received a generous bequest from the estate of Peter Bell and donations from major donors.

Income raised from public donations and events 2018-2019 = \$378,166*

Income raised from public donations and events 2017-2018 = \$253,480

Income from bequests and major donors 2018–2019 = \$1,232,818

*Fundraising income from the Centenary Gala Dinner will be included in the 2019/20 financial statement

EXPENDITURE IN NEPAL

Expenditure in Nepal is the Himalayan Trust's long-term development work with communities in the Everest region of Nepal to deliver quality education, safe water and better health care. This year, our spending also includes the final payment from the earthquake rebuild appeal to complete the work at the school in Chaurikharka. This expenditure also includes essential work to ensure our programmes in Nepal are well set up and monitored, and are delivering the best possible results for people in need.

Expenditure planned in Nepal for the financial year ending June 30, 2020, shows the increase in spending to reflect the increase in funds raised during the financial year ending June 30, 2019

Expenditure in Nepal 2018-2019 = \$668.111*

Expenditure budgeted for Nepal 2019-2020 = \$1,125,000

*Includes some funds carried over from previous year.

The information in this report has been summarised from the Performance Report of the Himalayan Trust for the year ending June 30, 2019. This report has been prepared by HLB Mann Judd Ltd and, at the time of publication, was subject to audit by RSM (NZ) Ltd. The audited Performance Report is available on request.

The Himalayan Trust is committed to complying with the Council for International Development Code of Conduct. For further information, queries or complaints please email **info@himalayantrust.org** or visit **himalayantrust.org**.

THANK YOU





Thank you for bringing help and hope to families in Nepal this year. From equipping schools, to training teachers and health workers, to bringing safe water to remote communities – you make our work possible.

Whether you made a donation, attended the Centenary Gala Dinner, bid on an auction item, or took on a trek or a fundraising challenge, your generosity has made a huge difference to so many people's lives.

We are deeply grateful to all our wonderful friends who make a regular donation. Your ongoing support makes it possible to plan and carry out our work more effectively and bring lasting change to communities in Nepal.

We would also like to say a special thank you to the following organisations for their financial support this year: Bayleys, Bivouac Outdoor, EuroVintage, Hillary Ice Axes, the Hillary Institute of International Leadership, HLB Mann Judd, Kathmandu, Land Rover, Lawson's Dry Hills, Macleans College, Mt Victoria Rotary Club, Ryman Healthcare, Sanitarium, Sir Edmund Hillary Alpine Centre, Tama Bar and Eatery, Tenzing, and the University of Waikato.

Thank you to our incredible partners in Nepal: Himalayan Trust Nepal, Action for Nepal, REED-Nepal and EduTech Nepal.

We would also like to thank the Office of the Honorary Consulate General of Nepal in New Zealand and the New Zealand Honorary Consulate in Kathmandu for their support.

We also acknowledge the vital ongoing support from the Ministry of Foreign Affairs and Trade.

Finally, we would like to thank the extended Hillary family for their continued support.



On July 17, 2019, we held our spectacular Centenary Gala Dinner to celebrate 100 years since the birth of Sir Ed. We had over 600 guests and fantastic speakers, including the Governor-General, Her Excellency The Rt Hon. Dame Patsy Reddy, Peter Hillary, Te Radar, Phurba Sona Sherpa visiting from Nepal, and of course, our keynote speaker, Sir Ranulph Fiennes (pictured above). Yet, those close to Sir Ed knew that he was not one for fuss, unless there was a purpose. Our celebration aimed not only to mark this special occasion, but also to generate ongoing revenue for our work.

The live and silent auctions certainly added some excitement and drama to our evening, but most importantly, raised vital funds for the work of the Himalayan Trust.

Thanks to corporate sponsorship, ticket sales, auctions, pledges and donations on the night, we raised an incredible \$510,000 to support the people of Nepal – just as Sir Ed would have wanted.

Photos opposite, clockwise from top left: Dame Patsy Reddy with Lady June Hillary.

Peter Hillary stands to make a bid during a live auction.

Guests arriving are given a special welcome khata from Diane McKinnon,

Dawn Glynn and Phurenje Sherpa.

Phurba Sona Sherpa speaking about the impact of the Himalayan Trust's work in Nepal.

Dame Patsy Reddy is greeted by Claire Newman, Hilary Carlile and Lindsay Tallott.







Thank you to our amazing sponsors who helped to make the Centenary Gala Dinner possible.



ABOVE & BEYOND





































Clockwise from top left: Mike Gill, Anna Boyer, Peter Hillary, Yvonne Ooman, Dame Patsy Reddy, George Hillary, Sarah Hillary, Arthur Boyer, Sir David Gascoigne, Nicole Kramer.

Perusing the silent auction items.

Te Radar with admirers!

Samantha Hayes with John Loof and Tim Loftus.

Daniel Coulson, Bayleys National Auction Manager, directs the drama of the live auctions.







The Sir Ed Hillary Limited Edition Land Rover Discovery.

LAND ROVER GO ABOVE AND BEYOND

As well as being the major sponsor of our Centenary Gala Dinner, Land Rover New Zealand have developed the Sir Ed Hillary Limited Edition Discovery to mark Sir Ed's centenary year.

There are 20 vehicles available and thanks to proceeds from the sale of each vehicle, Land Rover are donating \$150,000 to bring safe water to hundreds of people living in the villages of Bubsa and Monjo in the Everest region.

"This initiative will make a real difference to the lives of people in Nepal, and we are privileged to help continue the work of this legendary New Zealander, Sir Edmund Hillary," said Land Rover General Manager, Steve Kenchington.

Peter Hillary said the family has had a connection to the Land Rover brand for generations and his father would have appreciated its use to raise funds for a cause he was so passionate about.



We are incredibly grateful to Land Rover for this support, which will mean hundreds of families and children will soon have a reliable supply of clean water to their homes.



ABOVE & BEYOND

OUTSTANDING YOUNG PARTNERS

Thank you to our amazing young partners who helped make the Centenary Gala Dinner such a huge success.

Eight students from the University of Waikato Conservatorium of Music performed live on the evening and they were outstanding.

Cellist and Hillary Scholar Isabella MacDonald said: "As part of the Hillary programme at the University of Waikato we learn how important it is to give back to the community. It was a real privilege to contribute to Sir Ed's work, which continues today."

We are also grateful to the fabulous volunteers from Hillary House at Macleans College who volunteered their time to help during the evening. We couldn't have managed without them!











FOLLOWING SIR ED'S EXAMPLE

Students around the country are being inspired by learning about the life and work of Sir Ed through the Himalayan Trust's new education pack.

Stratford Primary School teacher and Himalayan Trust member, Angela Hampton, has always admired Sir Ed and spent time trekking and volunteering in Nepal. She was one of the teachers involved in developing the education pack that takes students on a learning journey through Sir Ed's adventures and his legacy of helping others.

"What I learned about Ed when I was at school really opened my eyes to what was possible for all of us. His example showed me I could achieve anything I wanted if I challenged myself. Ed achieved great fame through his adventures, but he didn't use his fame for personal glory, instead he used it to help others. That's such an important story for our young Kiwis to hear and feel inspired to follow," said Angela.

"The pack consists of 10 topics and each topic has a variety of activity ideas from across the curriculum. There are stories, photos and activities that encourage students to explore the Himalayas and learn about the people who live there. I really enjoy seeing the students' curiosity. They have so many questions and are fascinated as they learn more about Nepal. They especially like learning about the food!"

The final topic in the pack is the School Summit Challenge, where the class will be required to brainstorm and execute a project designed to showcase what they have learned, while also making a positive contribution to the wider community. "The kids get an opportunity to look at how they can create a legacy with the School Summit Challenge to really challenge themselves, just like Sir Ed did, to make a difference to others."

Find out more about the education pack and download the full resources at **himalayantrust.org/schools**

THE JOURNEY AND THE DESTINATION

We were privileged to welcome two New Zealand artists, Sean Duffell and Ash Sisson, on our trek to Everest Base Camp last April. Sean and Ash have each designed an Artist Series T-shirt for Kathmandu. The tees raised over \$18,000 last year by Kathmandu donating \$5 from the sale of each tee to the Himalayan Trust.

Sean also worked with some young students at Himalayan Basic School in Namche Bazaar and brought out their creativity with a drawing session. "The trek was an absolutely spellbinding experience that opens your mind and heart to the mountains and people," said Sean.

What makes our trek different? It's not just a holiday to a bucket list destination, it's a chance to get to know the local people and make a difference to the lives of children and families living in the remote Everest region.





Find out how you can join the adventure of a lifetime at himalayantrust.org/trek

100 YEARS: 100KMS: \$100K



Ken, Mark and the team on the Caples Track.

Ken Brophy and Mark Macky led a team of 15 to tramp 100km in 24 hours last February to raise funds for the Himalayan Trust.

"This year marks Sir Ed's 100th birthday and we decided to do something serious to respectfully befit the occasion and man," says Ken. "We decided to walk the Heaphy Track twice – 50km up and over the Kahurangi mountain range and then we turned around and walked back. Usually about five days of hiking but we did it in 24 hours."

Ken and Mark have inspired a series of fundraising challenges over the last 10 years, hitting a grand total of \$100,000 this year to mark Sir Ed's centenary. Thanks to the whole team for this tremendous effort!



STRIVING FOR ALTITUDE

"It's literal blood, sweat and tears, especially doing it daily," said Sean Pawson, one of 320 participants who took part in the Summit Challenge 2019 – the challenge to climb 8848m in one month.

Sean (pictured above), who operates a pedicab tour company in Christchurch, took on the challenge by slogging up Christchurch's Port Hills with a couple of passengers in his rickshaw every day.

"Despite all my training riding around the city, the physical demand of riding uphill was huge. But I really wanted to raise money for the people of Nepal and to know I'd done something to make a difference for them."

The Summit Challenge 2019 raised \$75,000 to bring safe water, quality education and better health care to communities in the Everest region of Nepal. Sir Ed would be proud to know he inspired our Summit Challengers to continue his work.

The social media updates and photos from our participants were an absolute highlight of the event. It's such a pleasure to follow the adventures, rides and climbs taking place across the country, to share in the highs (and a few of the lows), and to celebrate together knocking off the challenge and raising funds for Nepal.

Thank you to Kathmandu for supporting the Himalayan Trust Summit Challenge.

To join the challenge in 2020 visit summitchallenge.org





The Himalayan Trust's John Loof joins Lady June Hillary and her grandson Sam to receive the cheque from Dean Jackson.

STITCH AND STEP

The Himalayan Trust received a \$5000 boost thanks to the wonderful residents at the Ryman Healthcare Edmund Hillary Retirement Village.

Inspired by the Summit Challenge, residents decided to take 8848 steps and for those who couldn't manage it, they sewed stitches instead.

Village Manager Dean Jackson said: "It was an incredible effort by the residents. One resident completed a beautiful quilt for raffle while others rallied their neighbours to dig deep into their pockets to sponsor their stepping efforts."

Thank you to everyone at the Edmund Hillary Retirement Village for this fantastic support.





PANDAS AND PRANKS

Thanks to the generosity and creativity of the team at Kathmandu, thousands of children in Nepal have access to better education.



Every Christmas, Kathmandu releases a new collectible ornament with all proceeds benefitting our education work in Nepal. Last year, the colourful monal bird flew off shelves and raised \$19,400 thanks to the generosity of Kathmandu customers. This year keep an eye out for the gorgeous red pandas. Each ornament is handcrafted out of wool by artisans in Nepal.

We were surprised and delighted this year to receive \$4100 in proceeds from Kathmandu's sale of an April Fool's Day prank – a beautifully-designed, unique, "all-weather" Gore-Tex wedding dress. It caused quite a stir!

If all that wasn't impressive enough, some Kathmandu employees also donate to us directly from their wages, making a personal contribution on top of their commitment to our partnership. We are enormously grateful to the Kathmandu team and customers!

AMAZING MACLEANS

Thank you so much to the students, staff and families of Hillary House at Macleans College in Auckland who since 1980, have honoured Sir Ed and his legacy by raising funds for the Himalayan Trust. This year they raised \$8500, and over the years have raised an incredible grand total of \$117,000.



LEGACY OF A LIFETIME

We are deeply grateful to Peter Bell for his bequest of \$1,080,205 that was granted to the Himalayan Trust on his passing in August 2018. Peter had been a serving British officer, spent time in Nepal and Bhutan, and spoke fluent Nepali. Thank you for this wonderful gift Peter – your lasting legacy will help a new generation in Nepal build a brighter future.

To find out more about leaving a bequest, visit **himalayantrust.org/legacy**



TURNING \$5 INTO \$500,000

In 1994, the Mt Victoria Rotary Club in Wellington came up with the clever idea of asking Sir Ed to sign a batch of \$5 notes to sell in order to raise funds for the Himalayan Trust and other projects. Ed was stoked with the idea and as well as signing the notes, he travelled to Wellington for the grand launch.



Each \$5 note comes with a letter of authentication from the Reserve Bank and they've been sold all over the world. Since it began, the initiative has raised over \$350,000 for our work in Nepal. Thank you to all at Mt Vic Rotary!

To find out more about the signed \$5 note visit himalayantrust.org/banknote

Sir Edmund Hillary founded the Himalayan Trust in the 1960s when he built the first schools and hospitals in the Everest region. We follow in his footsteps, working in partnership with local communities to improve education, health care and safe water systems for remote communities in Nepal, one of the poorest countries in the world.

Thank you for enabling Sir Ed's unique legacy to live on and for making a difference to the lives of so many children, families and communities in the Everest region of Nepal.



This Annual Review is printed by the Himalayan Trust, PO Box 43, Auckland 1140. ISSN 2537-6748 (print) 2537-6756 (online) The Himalayan Trust is a registered charity with the New Zealand Charities Commission, registration CC39393.

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